# EAST SUSSEX COUNTY COUNCIL JOB DESCRIPTION

# Job Title: Rehabilitation Support Worker

# Department: Adult Social Care and Health

# Grade: [Single Status 5](https://www.eastsussex.gov.uk/jobs/working-here/pay/east-sussex-single-status)

# Responsible to: Resource Officer

# Responsible for:

# Purpose of the Role:

Work as part of a multidisciplinary team within older people’s services in a residential setting offering a reablement service for older people with a physical health need. Promote the independence, health and wellbeing of users referred to the service.

# Key tasks:

1. Assist senior officer staff and other professionals with their responsibilities for identifying the needs of people using the service.
2. Help people to be as independent as possible in all aspects of their activities of daily living.
3. Record fully and factually on individual diary sheets and contribute to the information recorded on the individual service plans.
4. Work with the multidisciplinary team to ensure individual reablement goals are worked towards and reviewed.
5. Observe, record and contribute to the reviewing of care plans for each person.
6. Promote choice and diversity to enhance the quality of life for service users using the service.
7. Participate in and/or organise individual and group activities as required.
8. Work in conjunction with Health Care staff to assist in providing nursing care as may be required for any more dependant people.
9. Undertake available training opportunities identified through appraisal and supervision and show a commitment to continuous development, to maximise your potential and ensure the efficient and effective delivery of County Council services.
10. Attend and contribute to staff meetings and the ongoing development of the service.
11. Undertake any other duties as may reasonably fall within the purview of the post in order to provide maximum flexibility in meeting users’ needs.

# PERSON SPECIFICATION

# Essential key skills, abilities, knowledge, experience, values and behaviours

* Ability to work as part of an integrated health and social care team.
* Able to use initiative.
* Effective verbal and written communication skills.
* This post will require you to move and handle people safely for which training will be given.
* Ability to prioritise one’s own workload.
* Ability to converse at ease with customer and provide advice in accurate spoken English
* Understanding of good practice in relation to caring for service users
* Experience of personal care and hygiene
* An attitude which enhances individuality, independence and self-respect.
* A flexible approach to work.
* Willingness to undertake QCF award.

# Desirable key skills, abilities, knowledge, experience, values and behaviours

* Awareness of Health and Safety issues.
* General Social Care.
* Council code of conduct.
* Experience of working with Older People.
* Rehabilitation experience
* A full driving licence and/or use of car to escort service users home would be advantageous.

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Health & Safety Functions

This section is to make you aware of any health & safety related functions you may be expected to either perform or to which may be exposed in relation to the post you are applying for. This information will help you if successful in your application identify any health-related condition which may impact on your ability to perform the job role, enabling us to support you in your employment by way of reasonable adjustments or workplace support.

| **Function** | **Applicable to role**  |
| --- | --- |
| Using display screen equipment  | Yes |
| Working with children/vulnerable adults | Yes |
| Moving & handling operations | Yes |
| Occupational Driving | No |
| Lone Working | No |
| Working at height | No |
| Shift / night work | Yes |
| Working with hazardous substances | No |
| Using power tools | No |
| Exposure to noise and /or vibration | Yes |
| Food handling | Yes |
| Exposure to blood /body fluids | Yes |