

Beryl's story

Beryl was referred to the Joint Community Rehabilitation Service after a prolonged stay in hospital following an infection. Here's what she had to say about the service:

"At first I was unsure what to expect. I hadn't had help before and didn't really know how it would work but the support workers have been fantastic from the start - they were always smiley and brightened my day when I needed it most.

"They gave me time to do things my way and the service made settling back home so much easier and gave me confidence.

"They encouraged me to get back to doing things myself.

"I've been so impressed. I will miss them calling in."

If you feel you could help clients like Beryl return home and regain their independence and confidence, please contact us for more information.

Contact details

If you'd like to find out more information on working for JCR, please contact one of our teams:

Lewes

01273 336600

Eastbourne

01323 466565

Bexhill

01424 726750

eastsussex.gov.uk/workwithjcr

January 2021



Joint Community Rehabilitation

Working with us

change ***your*** world and ***theirs***

Work with older people as part of the Joint Community Rehabilitation team.
Help someone get back on their feet.

Join our team

The Joint Community Rehabilitation (JCR) team is a partnership between East Sussex County Council and East Sussex Healthcare NHS Trust.

It helps people to:

- **remain in their own homes and maximise their independence**
- **avoid going into hospital unnecessarily**
- **become independent as soon as possible after a stay in hospital**

Along with support workers the JCR team includes a variety of other professionals who deliver specialist health and social care, including; occupational therapists, physiotherapists and nurses.

The JCR team operate 7 days a week, 7am to 10pm, including public holidays. Hours available from 18-30 hours per week including weekends.

Being a team is at the heart of JCR. We work in three teams across East Sussex including:

- **Crowborough, Lewes and Peacehaven**
- **Eastbourne, Hailsham, Polegate and Seaford**
- **Bexhill, Hastings and rural Rother**

Job opportunities

Support Worker

You will visit clients in their homes, helping them to regain their independence and improve their quality of life. Whilst working alongside our therapy team you will be implementing care, rehabilitation and exercise programmes. You will also support the client with personal care activities, such as washing/dressing and meal preparation.

Lead Support Worker

You will work with clients to establish the best care package to help them regain their independence and quality of life. You will identify, carry out and review agreed care plans for individuals, whilst taking on a wide variety of challenges.

Team Leader

You will be supporting the management team to ensure service quality is maintained. You will manage and support the staff group to support clients to maintain their independence at home. You will take the lead on a specialist area within the service, researching and sharing knowledge on this area and providing training to staff.

Benefits



Full induction (including shadowing shifts and training)



Competitive pay



Regular supervisions



Paid travel time and mileage



Guaranteed hours



Competitive pension scheme



Uniform and kit bag supplied



Lone worker device



Mobile phone



Paid annual leave



Paid sick leave (after one year's service)