Gordon was referred to the Joint Community Rehabilitation Service after a prolonged stay in hospital following an infection. Here's what he had to say about the service.

"At first I was unsure what to expect. I hadn't had help before and didn't really know how it would work but the support workers have been fantastic from the start – they were always smiley and brightened my day when I needed it most.

"They gave me time to do things my way and the service made settling back home so much easier and gave me confidence.

"They encouraged me to get back to doing things myself.

"I've been so impressed. I will miss them calling in." **Contact details**

If you'd like to find out more information on working for JCR, please contact one of our teams:

Lewes 01273 336600

Eastbourne 01323 466565

Bexhill 01424 726750

eastsussex.gov.uk/workwithjcr



NHS

East Sussex

Working with us

change your world and theirs

Work with older people as part of the Joint Community Rehabilitation team. Help someone get back on their feet.

Apr 2018 · 16-17 040

Join our team

The Joint Community Rehabilitation (JCR) team is a partnership between East Sussex County Council and East Sussex Healthcare NHS Trust. It helps people to:

- remain in their own homes and maximise their independence
- avoid going into hospital unnecessarily
- become independent as soon as possible after a stay in hospital

Along with support workers the JCR team includes a variety of other professionals who deliver specialist health and social care, including; occupational therapists, physiotherapists and nurses.

The JCR team operate 7 days a week, 7am to 10pm, including public holidays. Hours available from 18-36 hours a week including weekends.

Being a team is at the heart of JCR. We work in three teams across East Sussex including:

- Crowborough, Lewes, Peacehaven and Wadhurst
- Eastbourne, Hailsham, Polegate and Seaford
- Bexhill, Hastings and rural Rother

Job opportunities

Support Worker

You will visit clients in their own homes, helping them to regain their independence and improve their quality of life. Whilst working



alongside our therapy team you will be implementing care, rehabilitation and exercise programmes. You will also support the client with personal care activities, such as washing/ dressing and meal preparation.

Senior Support Worker

You will be working with clients to establish the best care package and then liaise with our partners on its delivery. You will take on more complex caseloads and a wide variety of challenges.

Benefits





Paid sick leave (after one year's service)