Johanna Hart, Practice Manager



"When I joined East Sussex County Council I had no experience in care. My first role was as a Rehabilitation Support Worker and later I became a Senior Care Officer. I joined JCR as a Deputy Manager after gaining experience in other roles. I then became a DPS Manager, then Service Coordinator before I moved on to my current role.

"The encouragement and support I have received has been second to none.

"I am passionate about working for JCR because of the tangible difference to people's lives the service makes. Visiting a client and hearing what the service has meant to them is one of the most rewarding things I do.

"I joined the council after having a completely different career in banking because I wanted to help others. Over 10 years I have found it to be an organisation that invests in you as a individual. I am a strong believer in nurturing others and giving them the opportunities, skills and tools to grow their own career. I hope you can see from this leaflet that you can start your career with JCR as a Support Worker, and then enter a number of career pathways within the service and we will fully support you to achieve this."

Contact details

If you think you have what it takes, why not consider a job as a Support Worker with the JCR team?

Please contact one of our teams for more information:

Lewes

01273 336600

Eastbourne

01323 466565

Bexhill

01424 726750

eastsussex.gov.uk/workwithjcr



Joint Community Rehabilitation

Career Pathways

change *your* world and *theirs*

Work with older people as part of the Joint Community Rehabilitation team. Help someone get back on their feet.



As a Support Worker in the Joint Community Rehabilitation Service, we will invest in you, allowing you to gain the skills and training to pursue many different careers in the service if you want to progress:

Team Leader:

Works with management to ensure service quality is maintained. Manage and lead the staff group to support clients and help to identify and review individual users' needs, ensuring they are receiving an effective and appropriate service. Take the lead on a specialist area within the service, researching and sharing knowledge and providing training to staff.

Duty Senior Support Worker:

First point of contact for client referrals, Support Workers and other professionals to resolve enquiries. Allocates work, monitors and organises admission and discharge of clients.

Lead Support Worker:

Works with clients to determine the best care package to help them regain their independence and quality of life. Identify, carry out and review agreed care plans for individuals. Acts as a key worker to the clients.



Therapy Assistant:

Carries out tasks delegated by the Occupational Therapist which might include; assessment for equipment, minor adaptations and functional aspects of rehabilitation.

Occupational Therapist:

An Occupational Therapist provides practical support to enable people to recover following an illness, accident or experiencing difficulties due to an illness.

They will carry out assessments for treatment to promote independence through providing equipment, making adaptations and/or adapting the way a person can carry out tasks.

Please note: A degree-level qualification is required to progress to this role.

Deputy Manager:

Supports the Intermediate Care Manager and deputises for them. Responsibilities include quality monitoring documentation and gathering client feedback.

Intermediate Care Manager:

Takes the lead in delivering services that ensure client needs are met effectively and efficiently.

Service Coordinator role:

Responsible for day to day management of services and ensures consistency across three JCR sites.

Practice Manager:

Monitors quality of service and is responsible for examining continuous improvement and consistency across JCR countywide.

Operations Manager:

Has strategic oversight of budgets, managing business performance, developing the workforce.

Support Worker Management Physics

Physiotherapist

Resource Officer

Resource Officer:

Works with individuals and their families where possible, to assess their on-going support and care needs to enable safe discharge from the service. Works alongside health and social care professionals to enable proportionate and appropriate assessments to be completed where there are ongoing concerns for the individual's wellbeing e.g. safeguarding, mental capacity, self-neglect.

Physiotherapist:

Physiotherapist helps to restore the movement and function of a person. A Physiotherapist will treat a person through movement, exercise, manual therapy education and advice to help a client remain independent at home.

A typical Physiotherapist activity in JCR will be considering setting a client a home exercise programme to maintain the client's safety at home, and practice mobility with an appropriate working aid.

Please note: A degree-level qualification is required to progress to this role.