**Welcome**

We are [BrightPIP](https://www.brightpip.org.uk) and we want to change the world- one baby at a time! We work across Brighton, Hove and East Sussex to deliver Parent-Infant psychological therapy to families for free. We want every baby in our community to grow up feeling safe, secure and loved. Our mission is to intervene at the earliest time with families to support parents to have positive relationships with their children. We are a registered charity (RCN 1177084).

Our service has an exciting opportunity to join our team as a Recruit to Train Trainee, part of the NHS England funded Recruit to Train Programme in partnership with the Anna Freud Centre, University College London, and Kings College London. The post-holder will be training on the Children & Young People Improving Access to Psychological Therapies (CYP IAPT) Therapy Course and carrying out clinical work in our service to complement their studies and use their newly developed skills. We are seeking highly motivated and enthusiastic mental health practitioners to work and train within our service. The training post will equip the post-holder to provide interventions for children, young people or families using evidence-based intervention consistent with the course they are attending. The post holder will work with people with different cultural backgrounds and ages, using interpreters when necessary and should be committed to equity, diversity, and inclusion.

**About the Job Role**

**Post Title: Infant Mental Health Practitioner (CYP-IAPT Trainee)**

This is a training role within the Child and Young Persons Improving Access to Psychological Therapies Programme (CYP-IAPT). The post-holder will work within the BrightPIP service providing interventions whilst undertaking a programme of training for this role, within East Sussex. They will be integrated into our team of Clinical Psychologists and Psychotherapists taking referrals as part of our core service offer.

This intensive training post will equip the postholder to provide interventions based on CYP-IAPT care principles and also an evidence-based intervention consistent with their training course. This will include training in [Incredible Years](https://incredibleyears.com/) and [VIPP](https://tavistockandportman.nhs.uk/care-and-treatment/treatments/video-feedback-intervention-promote-positive-parenting-vipp/). The post- holder will work in the service for at least 2.5-3.0 days of the week using the newly developed skills whilst attending the training programme for the remaining 2.0-2.5 days.

Working in partnership with East Sussex County Council we are offering **1 x 37 hours a week posts** to be based in the East Sussex local authority area.

The salary is **£35,392** per annum (equivalent to NHS band 6).

**Closing Date Monday 30th October**

This is a **fixed term post (12 months)** with this training year funded by NHS England. After successful completion of the course the fixed term training contract will end, however there will be on going work to secure long term opportunities for applicants within BrightPIP, or local authority services. We will also provide support and advice in job applications.

**Information about the Training**

This role will be best suited for applicants that are able to balance a very busy work and study schedule. You will be an employee at the service but also enrolled on a Postgraduate Diploma course. As this is a Postgraduate level training, you will be required to study and perform at academic level. Applicants must be prepared to work towards their studies outside of protected study time (such as on weekends and after work). Protected study time or teaching days are typically two days a week during term (with possibility of extra university days near start) and will be a mixture of in person and online sessions. Applicants must be willing to travel into London to attend their lectures. Travel costs for this will be covered.

More information about the courses and how the training works can be [found here](https://www.annafreud.org/ucl-postgraduate-study/ucl-postgraduate-programmes/child-and-young-person-iapt-therapy-pg-dip/) including the course brochures.

NHS England are also expecting to implement a [new rule regarding](https://www.hee.nhs.uk/our-work/mental-health/psychological-professions/funding-psychological-professions-training-programmes) beneficiaries of their training year funding. We recommend you read this if you plan to apply to future trainings.

**Information about how to Apply**

**UCL:** This is a training position and so all ***candidates will need to apply for both the trainee role with our organisation and the UCL Post Graduate Diploma in Child and Young Person IAPT Therapy*** in order to be shortlisted (for more information about the course and minimum entry criteria, please see the course page and brochures: <https://www.annafreud.org/ucl-postgraduate-study/ucl-postgraduate-programmes/child-and-young-person-iapt-therapy-pg-dip/>). **Please complete your university application using the** [**UCL University Application**](http://www.annafreud.org/media/16577/ucl-rtt-application-guidance-january-2023-start.pdf) **Guidance supplied.**

UCL covers the modalities of **ASC/LD, Under 5s, IPT-A and CBT,** You only need one application to the associated University no matter how many Recruit to Train job posts you apply for. However, it is very important to mention which modality/modalities you are applying for and why you are qualified & interested in them in your personal statement as this will be assessed by the course team to determine course/modality suitability.

Please note that when you apply to this role, your name will be shared with the Higher Education Institute (HEI) running the course. The service will usually be the Course Team’s main way of contacting you until you have been sent an Offer, and so the Course Team at the HEI may ask for information if it is relevant to deciding course eligibility. Other information that might be shared:

* Reason behind ineligibility for the course.
* Queries regarding application
* Name change - confirm with service to ensure that they are reviewing the correct candidate.

This is an integral part of the process to confirm that you have applied to the University and that you meet their course requirements. Please apply to the University at the same time as applying to this job position.  
  
**If you apply to this job, you are giving permission that information relevant to establishing eligibility can be shared between the HEI and the Service.** No irrelevant information will be disclosed or discussed.

As these are training positions, please be aware that this is a dual application process where you must be employed in a Recruit to Train funded job to also receive a place on the course, and vice-versa. If you are ineligible for the University Course, we will be unable to be offer the role. If you withdraw from an employment offer but you have accepted a university offer, you will be unable to join the course. **You must apply to the course at the same time as this job.**

Please note in this instance the course is not optional; the roles are dependent on meeting all course requirements.  
  
**Applicants for this training at UCL will need to be available to start by the 8th of January at the latest (with the course starting on the 15th January)**  
  
**General Recruitment Information:**

* Candidates will be shortlisted for the role on the day the advert closes, or shortly afterwards.
* Shortlisted candidates will be notified by BrightPIP. Their course applications will then be vetted by UCL.
* Candidates successful at vetting will then be invited to interview in mid-November.
* The highest scoring candidate will receive a conditional offer, pending references and a DBS check.
* High scoring candidates at interview, who are not successful, will be offered a place on a reserves list.
* All unsuccessful applicants will be notified of the outcome of their application.